

### The neurodiversity profiling tool

A new tool is available to children and young people aged 0 to 19 who may have a neurodevelopmental need.

The neurodiversity profiling tool is the first step to identifying neurodiversity in children and young people. It will offer insight into the needs of your child or young person.

## What is the neurodiversity profiling tool?

The neurodiversity profiling tool is a visual document. It explores 9 developmental strands. They are:

- speech and language
- energy levels
- attention skills
- emotion regulation
- sensory levels
- motor skills
- cognitive abilities
- flexibility and adaptability
- empathy

It provides a holistic view of a young person's needs. It will suggest strategies that may help manage those needs. You can use these strategies anywhere for example at home, school or in the community.

## Who completes the neurodiversity profile?

Ask for a neurodiversity profile if you think your child or young person is showing signs of:

- autism
- attention deficit disorder (ADHD)
- dyspraxia
- another neuro-developmental need

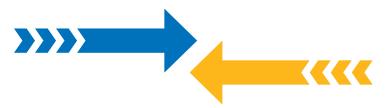
A trained professional will complete the profile with you and your child or young person where they would like to participate. They will involve you and members of your family.

There is a growing team of professionals who can complete a neurodiversity profile. They are all people who work with children or young people. For example health visitors, nursery worker or a professional from a school or college. We recommend you speak to the professionals who support your child or young person, to ask for a profile. You can also request a profile using the details at the end of this leaflet.

Online information sessions are available for parents who are:

- thinking about requesting a neurodiversity profile
- completing a neurodiversity profile, or
- have completed a neurodiversity profile and are using the strategies

Details of these sessions are available online: eventbrite.com/e/information-session-forparentscarers-on-the-neurodiversity-profilingtool-tickets-884811554177



## What happens after we complete the profile?

The neurodiversity profiling tool will identify your child or young person's needs. It will connect you with strategies and adjustments that can help.

You or your practitioner can ask for profiling support from our Neurodiversity Team. Use the contact information at the end of the leaflet.

You can share the profile with individuals and organisations if you wish. You can also share it with your child or young person. You should do this when they can understand their own neurodiversity needs.

# Can families request a neurodiversity diagnostic assessment?

A neurodiversity profile is the first step. It will identify your child or young person's needs and link these with the strategies and adjustments found in the Neurodiversity Hub. If more help is needed then a consultation can be requested.

This will be with the Neurodiversity Team, through a dedicated portal. They will consider what at further action is needed or support is available for you and your child.

During the consultation it may be that the neurodiversity team agree that a diagnostic assessment would be helpful. They will explain how this could be arranged. If your child is waiting for an assessment they will remain on the waiting list, but can also access profiling at the same time.

The following organisations support the neurodiversity profiling tool:

- Cornwall Council
- Parent Carer Cornwall
- education providers
- the NHS in Cornwall and Isles of Scilly
- social care and
- early years providers

## Information for people working with families

Professionals who work with families and want to be trained to complete the profiling tool should:

- send their full name and job title to kernowhealthcic.workforce@nhs.net
- visit the training website: <u>eventbrite.com/e/neurodiversity-</u> <u>profiling-tool-training-tickets-</u> <u>735361595327?aff=oddtdtcreator</u>

### **Neurodiversity Platform**

The Neurodiversity Hub has resources, guidance, and information. Use this alongside the neurodiversity profiling tool.

Visit **parentcarerscornwall.org.uk** and click the neurodiversity tab in the menu.



#### **Contact details**

Email cft.ndcornwall@nhs.net.



Great organisation

Great people