

## ENT Emergency Clinic at the Royal Cornwall Hospital

<b>What?</b>	Acute ENT presentations in systemically well patients ( <i>see table below</i> )
<b>Who?</b>	<b>The clinic is run by ENT junior doctors with support from ENT middle grades &amp; Consultants</b>
<b>When?</b>	Typically on Monday, Tuesday, Thursday & Friday every week
<b>Where?</b>	ENT/Audiology Outpatient Department, RCHT
<b>How?</b>	<ul style="list-style-type: none"><li>• Contact 1<sup>st</sup> On-Call for ENT via RCHT Switchboard (01872 250000)</li><li>• Face to face review or telephone assessment will be arranged</li><li>• It is important that an up to date telephone number is given for the patient and they are told to expect a phone call from our team</li><li>• Please provide a short referral letter (referrer and patient contact details, suspected diagnosis, treatment to date, relevant PMHx and medications) to be emailed at time of referral to <a href="mailto:rch-tr.entacutereferral@nhs.net">rch-tr.entacutereferral@nhs.net</a></li></ul> <p><b><i>If we are unable to contact a patient following multiple attempts we will write to the patient and discharge them from our clinic. In this event, and if on-going symptoms, a further referral will be required.</i></b></p>

### Conditions Suitable for Emergency Clinic Review

<b>Otitis Externa</b>	<i>No improvement on first line topical treatment Canal oedema preventing adequate topical treatment</i>
<b>Recurrent Epistaxis</b>	<i>For consideration of nasal cautery</i>
<b>Foreign bodies</b>	<i>Suitability and timing of review will be triaged depending on composition of foreign body</i>
<b>Sudden hearing loss</b>	<i>Screening audiology or formal audiology review will be arranged depending on availability</i>
<b>Nasal fracture</b>	<i>For consideration of manipulation within 7-10 days post-injury time frame</i>
<b>Superficial neck abscess</b>	<i>In systemically well patients</i>
<b>Post-op wound issues</b>	<i>If secondary care review required</i>

**If referral to ENT Emergency Clinic is deemed unsuitable, the on-call doctor will advise a more appropriate alternative pathway  
(Please note: this may require further discussion with middle grade on call)**

### Examples of Conditions NOT Suitable for Emergency Clinic Review (*this list is not exhaustive – refer to RMS referral guidelines*)

<b>Earwax</b>	<i>Refer to earwax policy on RMS guidelines</i>
<b>Vertigo</b>	<i>Refer to dizziness pathway on RMS guidelines</i>
<b>Tinnitus</b>	<i>Refer to tinnitus pathway on RMS guidelines</i>
<b>Non-acute throat pain</b>	<i>Refer to throat and neck guidelines on RMS guidelines</i>